

UNIT, PERSONAL, AND FAMILY READINESS PROGRAM Commanding General's Policy Statement



Achieving and maintaining a high state of personal and family readiness, combined with operational/unit readiness, increases commitment, morale, resilience to life cycle events, and ultimately positively impacts our ability to fight. Personal and family readiness is a combat multiplier, equally important as individual, equipment and combat readiness. Given our tempo, contingency, and warfighting requirements, the goal of every member of 1st MAW is to achieve and sustain the highest possible personal and family readiness in order to successfully balance the challenges of the military lifestyle, family, career and mission events. Acknowledging that over half of all Marines are not married, the Single Marine Program (SMP) is an integral component of our unit, personal, and family readiness program (UPFRP) – we must leverage the SMP to the fullest. The SMP provides a conduit to address single Marine Quality of Life issues and initiatives, and contains three components: Quality of Life, Recreation, and Community Involvement. 1st MAW Commanders will plan, budget, and apportion UPFRP Funds annually across three areas - Education, Recreation, and Social – and will ensure those resources impact all unit Marines and Sailors, both single and married, for the advancement of their personal and family readiness, and resiliency.

How does this impact your ability to fight?

It may be obvious that when distracted, Marines and Sailors can't concentrate and are more apt to make mistakes – and in our aviation warfighting profession, that can be disastrous. Poor personal and family readiness can cause focus to shift and drift, as Marines worry about personal or family-related problems and issues. Once interrupted while performing a task, the odds increase that an important step will be forgotten, that the original task will be lost, or that the changes that occurred while distracted will be unknown. Your brain must share its cognitive powers when it has to decipher and process more than one thing at a time, slowing your reaction time and causing inattentiveness to your primary work. It is imperative that we get personal and family readiness right early. If so, we can buy back valuable time and effort in training and in combat, which increases our combat power and fighting ability.

What do I want you to do?

- 1. Be responsible and accountable for your personal readiness and the readiness of your family.
- 2. Promote opportunities to your family that ensure education, preparation, and readiness against mission and/or life cycle events that may detract from family readiness.
- 3. Understand communication, resource, and referral basics, and know where to go to get additional details (Family Readiness Officer (FRO) and/or web sites).
- 4. Check-in and check-out with the respective FROs as you depart or join a unit.
- 5. Ensure you have a validated Family Care Plan if you have dependents.

References: MCO 1754.9A, Unit, Personal and Family Readiness Program; MCO 1700.36A, Single Marine Program; MCO 1740.13C, Family Care Plans

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